VCE Unit 1 & 2 VET Dance

Time Allocation
This unit of work will consist of approximately 180 hours of contact hours (class time and outside dance classes time) for the year. To complete this unit of work satisfactorily, students must complete each of the following learning outcomes.

UNITS OF COMPETENCY
CUADAN201A Develop basic dance techniques
The students are required to demonstrate the outcomes, skills and knowledge required to develop basic dance techniques and apply safe dance practices. You will be assessed upon your understanding of: correct dance technique and alignment, warming up and cooling down techniques and your ability to perform specific dance steps.

BSBWOR203A Work effectively with others
The students are required to demonstrate the outcomes, skills and knowledge you need to work harmoniously and effectively with team members, colleagues and others in a work environment. This is a core skill, which underpins effective work performance in cultural industries.

CUAOHS101A Follow Basic Safe Dance Practices
The students are required to demonstrate the outcomes, skills and knowledge required to apply a basic understanding of OHS issues to day-to-day activities.

CUAOHS201A Develop a basic level of physical condition for dance performance
The students are required to demonstrate the outcomes, skills and knowledge required to develop a basic level of physical condition for dance performance. It includes strategies of applying basic nutrition guidelines and understanding the expectation of physical conditioning.

CUADAN203A Perform basic jazz dance technique
The students are required to demonstrate the outcomes, skills and knowledge required to appreciate jazz dance as an art form and perform basic jazz technique in a learning environment. You will be assessed upon your ability to perform basic jazz techniques and routines and your understanding of the industry.

CUADAN205A Perform basic contemporary dance technique
The students are required to demonstrate the outcomes, skills and knowledge required to appreciate contemporary dance as an art form and to perform basic contemporary dance techniques in a learning environment. You will be assessed upon your ability to perform basic contemporary techniques and routines and your understanding of the industry.

CUADAN208A Perform basic street dance
The students are required to demonstrate the outcomes, skills and knowledge that you will need to appreciate street dance as an art form. You will also need to perform basic street dance forms and
techniques in a learning environment. You will be assessed upon your ability to perform basic street
dance techniques and routines and your understanding of the industry.

Assessment Tasks

1. CUAOHS101A Follow Basic Safe Dance Practices
   The student is required to complete the booklet work and technical class tasks including OHS tasks,
dance conditioning and alignment techniques.
   Due: Term 1, Week 6

2. CUAOHS201A Develop a basic level of physical condition for dance performance
   The student is required to complete the booklet work and to develop a personal fitness plan and
   maintain it throughout the semester, understanding the fundamentals of anatomy and the
   cardiovascular system.
   Due: Term 2, Week 3

3. CUADAN205A Perform basic contemporary dance technique
   The student is required to complete the booklet work as well as demonstrate their ability to perform
   contemporary dance technique, perform a learnt dance piece and a group dance piece at dance night.
   Due: End of Term 2

4. CUADAN201A Develop basic dance techniques
   The student is required to complete the booklet work as well as; lead the class in a warm up / cool
   down, take part in regular dance classes and demonstrate their safe dance technique.
   Due: Term 3, Week 7

5. BSBWOR203A Work effectively with others
   The student is required to complete the booklet work as well as; work as a group to develop a
   rehearsal plan, choreograph and perform a group devised dance piece and document the processes
   involved.
   Due: Term 3, Week 10

6. CUADAN203A Perform basic jazz dance technique
   The student is required to complete the booklet work as well as demonstrate their ability to perform
   basic jazz dance technique, perform a learnt dance piece and a group dance piece at dance night.
   Due: End of Term 3

7. CUADAN208A Perform basic street dance
   The student is required to complete the booklet work as well as demonstrate their ability to perform
   basic street dance technique, perform a learnt dance piece and a group dance piece at dance night.
   Due: End of Term 3