VCE Unit 1 Food Studies

Time Allocation
This unit of work will consist of approximately 100 hours of which at least 50 hours will be class time. To complete this unit of work satisfactorily, students must complete each of the following learning outcomes.

Learning Outcomes

Outcome 1
The student should be able to identify and explain major factors in the development of a globalised food supply, and demonstrate adaptations of selected food from earlier cuisines through practical activities.

Outcome 2
The student should be able to describe patterns of change in Australia’s food industries and cultures, and use foods indigenous to Australia and those introduced through migration in the preparation of food products.

Assessment Tasks

1. Practical Activity Record
The student is required to participate in a range of practical activities that use ingredients found in earlier cultures and record production plans with evaluations that reflect on two specified practical activities. This will be completed as production plans with evaluations for two products.

Weighting: This task is worth 20% of the overall grade
Time allocated to task: 4 periods
Due: Term 1, Week 5

2. Written Report presented as choice of Oral Presentation, Practical Demonstration, Video, Podcast
The student is required to complete a short written report on the growth of trade in food commodities such as tea, coffee or chocolate. The report is to be presented as the student’s choice of an Oral Presentation, Practical Demonstration, Video or Podcast.

Weighting: This task is worth 20% of the overall grade
Time allocated to task: 3 periods
Due: Term 1, Week 9

3. Analysis Of Dietary Intake
The student is required to participate in a range of practical activities that use ingredients indigenous to Australia and/or ingredients introduced through migration and keep record of an analysis of dietary intake for two specified pracs. This will be completed as an analysis of dietary intake for a chosen individual.

Weighting: This task is worth 20% of the overall grade
Time allocated to task: 4 periods
Due: Term 2, Week 2
4. Written Report presented as choice of Oral Presentation, Practical Demonstration, Video, Podcast
The student is required to complete a short written report on patterns of migration to Australia and the influence of immigrants on Australian food tastes and consumption. The report is to be presented as the student’s choice of an Oral Presentation, Practical Demonstration, Video or Podcast.

Weighting: This task is worth 20% of the overall grade  
Time allocated to task: 3 periods  
Due: Term 2, Week 6

5. Semester Examination
The student is required to apply knowledge and understanding of how humanity has historically sourced it’s food, the origins and significance of food, food-producing regions of the world, early Australian Indigenous food, changes to Australian food patterns and Australian cuisine.

Weighting: This task is worth 20% of the overall grade  
Time allocated to task: 90 minutes  
Due: Term 2, Week 9