

Ringwood Secondary College
2017 Course Planning Document
VCE Unit 1 Health & Human Development

Time Allocation

This unit of work will consist of approximately 100 hours of which at least 50 hours will be class time. **To complete this unit of work satisfactorily, students must complete each of the following learning outcomes.**

Learning Outcomes

Outcome 1

The student should be able to describe the dimensions of, and the interrelationships within and between, youth health and individual human development, and analyze the health status of Australia's youth using appropriate measurements.

Outcome 2

The student should be able to describe and explain the factors that have an impact on the health and individual human development of Australia's youth, outline health issues relevant to Australia's youth and, in relation to a specific health issue, analyze strategies or programs that have an impact on youth health and development.

Assessment Tasks

1. Health and Development during Youth School Assessed Coursework (SAC)

The student is required to demonstrate knowledge of health and individual human development and to explain the interrelationships that occur within and between them. They need to explain the meaning of health status, measures of health status and analyse data on the health status of Australia's youth.

Weighting: This task is worth 20% of the overall grade **Time allocated to task:** 1 period

Due: Term 1, Week 6

2. Determinants of youth health and development SAC

The student is required to demonstrate knowledge of the biological, behavioural, physical and social determinants of health and how they impact on the health and human development of Australia's youth. This includes the role of promoting healthy eating as a behavioural determinant of health.

Weighting: This task is worth 20% of the overall grade **Time allocated to task:** 1 period

Due: Term 2, Week 2

3. Issues for the Australian Youths

The student is required to describe issues such as illicit substance abuse, facing Australia's youth. This will include analysing data and drawing informed conclusions about the impact of the issue on the health and human development of Australian youths.

Weighting: This task is worth 20% of the overall grade **Time allocated to task:** 1 period

Due: Term 2, Week 6

4. Semester Examination

The student is required to apply knowledge and understanding of the concepts of health and human development, particularly that of Australian youths. Understanding and application of the determinants of health and the impact they have on health and human development. They will also be required to demonstrate knowledge of the issues that impact Australian youths.

Weighting: This task is worth 40% of the overall grade

Time allocated to task: 90 minutes

Due: Term 2, Week 8